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We Say Goodbye

Show, Inc. has said goodbye to a long time employee and friend.

Wanda Havlick, our Human Resources Manager, officially retired in May.

While we were all sad to see her leave, we were glad to see her take a well earned retirement.

Wanda began her work here at Show in 1997 and has been a friend and asset to Show these many

years.

A small non-retirement party was held for her on May 27 with cake, a few parting gifts and even a few tears.

We will all miss her and The Front Desk would just like to say

Wanda line 1, Wanda line 1.

Show Is Expanding!!

The recycling entrance drive at least.

Both sides of the drive were expanded to help accommodate those with larger trucks and make it easier for Show's trucks and trailers to make the turn into our recycling center.

The work began in late May with the digging out of both sides of the drive and getting it ready for the new concrete.

There were a few delays as some of our customers noticed since the recycling

entrance was blocked off.

The new concrete was finally poured in late June and after the curing process, it was ready for all manner of trucks, trailers and cars.

We hope that the new drive will be able to better accommodate not only our trucks and trailers but will be easier for our customers to come into the recycling center.



LIVE UNITED
GIVE. ADVOCATE. VOLUNTEER.

PARTNER AGENCY OF UNITED WAY

Bin To The Curb?

Our recycling is on the move and it is moving up!

So far this year, Show, Inc. has processed over 700,000 pounds of aluminum, glass, plastic, paper and steel!

That, in no small part, is due to the support of our curbside customers who diligently recycle what they can in their blue bin.

As our routes continue to grow in size we would like to take the opportunity to remind all of our customers of a few things.

Please make sure that all of your recyclables are in the blue bin and to the curb by 7:30am on your scheduled pickup day. Because our routes are growing we are not able to pickup items that are not

in the bin. We would like remind all of our customers that there is a city ordinance prohibiting items that are not in the provided bins from being placed at the curb. If you find that you are constantly having more than will fit into the bins you have, give us a call and we will be happy to deliver out another bin to you. (Please note that there is a small bin deposit for this which is refundable on cancellation of the service.)

Make sure that only items we recycle are placed into your blue bin. Not only does this give you more room for your items that we can recycle but also make processing our curbside routes faster for our staff in the recycling

center. And given the amount of materials that we are processing it helps a lot not to have to sort out the non-recyclable items.

If you are ever uncertain if an item can be placed in your bin or not, please check out our website or give us a call at 224-7214 and we will be more than happy to help you out.

We greatly appreciate the business of our curbside customers not only to help keep our environment green but in helping us provide jobs.

2.5 TONS A DAY!!!!

So far this year that is what our crew in the recycling center has processed!!

A BIG THANKS FOR ALL OF THEIR HARD WORK!!

Website Updates Are Finished!

The new and improved website is officially up and running. Now www.showinc.org will take you to what we hope is an easier site to navigate with a cleaner, easier to read format.

In addition to the new

website, Show now has its own blog. A link to the new blog can be found on our homepage. We will be blogging about all things Show!



LIVE UNITED
ONE APPROXIMATE VOLUNTEER

PARTNER AGENCY OF UNITED WAY

Summer is Sizzling!

Summer is here and along with it, plans for the pool, the grill, a day at the beach, and heat, lots of heat. Stay cool and safe this summer with a few simple precautions.

If you are going to be out and about this summer wear loose fitting, light colored clothing to help reflect some of the sun's heat away from yourself.

Take plenty of cool water to drink and drink some often, even if you don't feel thirsty. If you are getting thirsty you are already getting dehydrated. Avoid soda, coffee, tea or other drinks with caffeine in them as they will actually dehydrate you more.

In the heat of the day make sure to take frequent breaks in the shade or air-conditioning and try to limit strenuous activities.

Always be mindful of the symptoms of heat exhaustion which include heavy sweating, dizziness, nausea, headache and feeling weak and/or confused. If you or someone with you has these symptoms get into an air-conditioned building or the shade right away. Drink plenty of cool water and apply cool water to the skin.

Heat exhaustion can progress into heat stroke,

which is a more serious condition and requires immediate medical attention. The signs of heat stroke include severe headache, lack of sweating, red appearance to the skin, nausea, vomiting, muscle weakness or cramps, trouble breathing or shortness of breath and in some cases, can cause seizures. If you or someone with you has these symptoms medical personnel should be called immediately. While waiting for them to arrive, get the person into an air-conditioned area if possible or a cool, shady area. Wet the skin with cool water and fan the person. It will also help to apply ice packs to the back, armpits and neck. These areas have the most blood vessels closest to the surface of the skin to help cool the internal body temperature.

Enjoying outdoor activities is one of the best parts of summer and with some basic precautions heat related illnesses can be avoided and the fun can continue all summer long.

Let's Fire Up the Grill

Along with being safe in the heat we also need to remember to be safe around the grill. With some safety precautions all of your outdoor barbecues can be fun for all.

Always remember the basics of food safety – keep hot food hot and cold food cold. Make sure that cold items remain in coolers until mealtime and that there is plenty of ice to keep them cold.

Put drinks in a separate cooler from food – drink coolers are opened and closed more often.

Make sure your meats are kept stored at the proper temperature until ready to put on the grill. If you are transporting raw meat to your picnic site, wrap it in plastic to avoid contaminating other foods in the cooler.

Take a meat thermometer with you and be sure to cook all meats to the proper internal temperature – poultry to 180° and ground meats to 165°.

But before you throw that meat or vegetables on the grill, take a few moments to check your grill out.

If you are using a gas grill make sure that all connections are secure and there are no leaks.

Of course, make sure there are no flammable objects around the grill

and make a "no play" zone at least 10 feet around the grill.

Use long handled utensils when grilling and make sure that your meat has all the excess fat trimmed to help prevent flare-ups.

Always make sure to have a small fire extinguisher handy.

Practicing good grill safety is quick and easy and the best way to prevent an accident from spoiling your outdoor barbecue.

Now – go get your grill on!

If you would prefer to receive your quarterly edition of Showing Off via email please contact us at recycle@showinc.org.

If you would prefer to receive your monthly/quarterly invoices via email please contact Valita Steenbergen at valita.steenbergen@showinc.org

Let's help save some trees.



Recent Events

Show made a showing at the Route 66 Blowout in downtown Sapulpa this year. For the event this year we provided the recycling containers to help keep the event clean and "green".

We have added some new staff over the past few months. Some of them are now working with our shredding crews and some we threw in the trucks for the recycling routes so don't be surprised if you see a few new faces.

Upcoming Events

It is already July and the activity is already beginning for this year's United Way Campaign.

We are kicking off this year on Sept. 10 with the annual Day of Caring.

Show's schedule of activities has been set and is available on our

website.

Last year Show raised over \$5000 for United Way and I am hoping to zoom past that this year.

We will be having our traditional No Finer Diners and Silent Auction which are open to the community as well as our

annual Parking Lot Dance.

Ideas and contributions from the community are always welcome.

If you are interested in donating to either one of the Diners or to the Silent Auction please contact Chris Boyd at 224-7214 or email me at christina.boyd@showinc.org

Keep a watch out in this space!
OK Rod Benders is planning a fishing tourney to benefit Show, Inc.
More information such as time, date, etc. will be posted here.
Got Fish?

Getting Involved

Have you ever wondered what you can do to help support the wonderful programs offered by Show, Inc.? Thinking you just don't have the time or money to help out?

We have an easy way that everyone in the community can help support Show.

GoodSearch/GoodShop!

Almost everyone these days surfs the internet and each time you surf with

GoodSearch, Show earns money.

The money is donated from the advertising dollars that GoodSearch receives.

Simply go to goodsearch.com and enter Show, Inc. as the company you goodsearch for. The searches are powered by Yahoo so you will be getting top quality searches. And to make it easier to goodsearch for Show you can download

the toolbar.

In addition GoodSearch has partnered with over 140 retailers who donate a portion of any purchase made when you GoodShop for Show. Simply shop online as you normally would using the GoodShop portal which takes you directly to the retailer's site.

Please check out GoodSearch and GoodShop and help support Show!

Showing Off has now been added to our website at www.showinc.org
Our site is updated regularly and contains not only information on recycling but information on the valuable service we provide to the community – jobs for adults with developmental disabilities.
Be sure to check us out!

